

OVER-THE-COUNTER (OTC) MEDICINE AND DRUG PRODUCTS GUIDE

SAMPLE QUALIFYING OTC MEDICINES, DRUGS, & MEDICAL SUPPLIES

Purchased to treat a specific health condition

*Note: This listing is meant **only** as a guide. Claims submitted for expenses are eligible for reimbursement only if your employer's plan and IRS Guidelines allow it. IRS Guidelines are subject to change.*

- Antacids
- Antibiotics
- Anti-diarrhea medicine or laxatives
- Allergy medicines
- Aspirin or pain medicines
- Bandages, Band-Aids, gauze pads, cold/hot packs, and similar products
- BenGay, Tiger Balm, and similar products for muscle or joint pain
- Carpal tunnel wrist supports
- Cold medicines
- Cough drops, throat lozenges, sinus medications, nasal sinus sprays, and nasal strips
- First aid cream, Bactine, special diaper rash ointments, calamine lotion, bug bite medication, and wart remover treatments
- Motion sickness pills
- Smoking cessation products
- Pain and cramp relief medicines for menstrual cycle
- Pedialyte for dehydration of an ill child
- Pregnancy test kits
- Reading glasses or contact lens cleaning solution
- Rubbing alcohol or liquid adhesives for small cuts
- Sleeping aids (to treat insomnia or sleep disorder)
- Special ointments or creams for sunburn (not regular skin moisturizers)
- Suppositories and creams for hemorrhoids
- Thermometers (ear or mouth)
- Visine or similar eye products
- Vitamins and nutritional supplements (only if to treat medical condition)

SAMPLE NON-QUALIFYING OTC MEDICINES, DRUGS, & MEDICAL SUPPLIES

- Chapstick
- Cosmetic supplies such as perfume, lipsticks, fingernail polishes, eye and facial makeup preparations, shampoos, permanent waves, hair colors, and deodorants
- Face cream and moisturizers
- General hygiene items
- Herbs
- Medicated shampoos and soaps
- Nutritional supplements
- Sunscreen
- Toothpaste or toothbrushes (electric or otherwise, even if a dentist recommends special ones to treat a condition)
- Vitamins