

Note: This listing is meant **only** as a guide. Claims submitted for expenses are eligible for reimbursement only if your employer's plan and IRS Guidelines allow it. IRS Guidelines are subject to change.

**SAMPLE *ELIGIBLE* OVER-THE-COUNTER MEDICINES & DRUGS FOR REIMBURSEMENT \*<sup>(1)</sup>**

**ELIGIBLE  
FOR  
REIMBURSEMENT\*  
WITH A  
PRESCRIPTION**



*Antacids*  
*Antibiotics*  
*Anti-diarrhea medicine or laxatives*

*Allergy medicines*

*Aspirin or pain medicines*

*BenGay, Tiger Balm, and similar products for muscle or joint pain*

*Cold medicines*

*Cough drops, throat lozenges, sinus medications, nasal sinus sprays, and nasal strips*

*First aid cream, Bactine, special diaper rash ointments, calamine lotion, bug bite medication, and wart remover treatments*

*Motion sickness pills*

*Smoking cessation products*

*Pain and cramp relief medicines for menstrual cycle*

*Pedialyte for dehydration of an ill child*

*Rubbing alcohol or liquid adhesives for small cuts*

*Sleeping aids (to treat insomnia or sleep disorder)*

*Suppositories and creams for hemorrhoids*

*Visine or similar eye products*

*Vitamins and nutritional supplements (only if used to treat a medical condition)*

*Bandages, Band-Aids, gauze pads, cold/hot packs, and similar products*

*Carpal tunnel wrist supports*

*Pregnancy test kits*

*Reading glasses or contact lens cleaning solution*

*Special ointments or creams for sunburn (not regular skin moisturizers)*

*Thermometers (ear or mouth)*

**ELIGIBLE  
FOR  
REIMBURSEMENT \*  
WITHOUT A  
PRESCRIPTION**



**SAMPLE *INELIGIBLE* OVER-THE-COUNTER MEDICINES & DRUGS**

**INELIGIBLE  
FOR  
REIMBURSEMENT**



*Chapstick*

*Cosmetic supplies such as perfume, lipsticks, fingernail polishes, eye and facial makeup preparations, shampoos, permanent waves, hair colors, and deodorants*

*Face cream and moisturizers*

*General hygiene items*

*Herbs*

*Medicated shampoos and soaps*

*Nutritional supplements*

*Sunscreen*

*Toothpaste or toothbrushes (electric or otherwise, even if a dentist recommends special ones to treat a condition)*

*Vitamins*

Note (1) Because of a change in the law, over-the-counter medicines purchased after December 31, 2010 must be prescribed by your physician to be eligible for reimbursement.